



## **Shu-Ti Chiou, MD, PhD, MSc**

Dr. Shu-Ti Chiou, specialist of Family Medicine & Ph.D. in epidemiology, is currently the Global Vice President for Capacity Building, Education & Training of International Union for Health Promotion and Education (the official partner of World Health Organization in health promotion); the Founding President of Health and Sustainable Development Foundation; associate editor of Global Health Promotion (an SSCI journal); chair of the International Task Force on Health Promoting Hospitals and Age-friendly Health Care; and Adjunct Professor of global health, National Yang Ming Chiao Tung University, Taipei.

Dr. Chiou is the former Director-General of Health Promotion Administration, Ministry of Health and Welfare, Taiwan 2009-2016; former Health Commissioner of Taipei City 2001-2003; and former Chair of the Governance Board of International Network of Health Promoting Hospitals & Health Services (established by World Health Organization) 2012-2014.

Dr. Chiou initiated several pioneering programs both in health promotion & in healthcare delivery reform in Taiwan, including Taipei Healthy City Project, nationwide age-friendly city initiative, comprehensive national cancer control plan, legislation to protect breastfeeding in public places, elimination of trans fat, ban of marketing of junk foods towards children, etc. She developed the largest network of health-promoting hospitals, and the first age-friendly healthcare recognition program in the world. She was at the frontline when SARS attacked Taipei in 2003.

Dr. Chiou's research interest is on evidence-based policy development and evaluation. She designed/co-designed three cluster randomized controlled trials on setting-based health promotion interventions. Her leadership has facilitated Taiwan to achieve a 26.5% reduction in adult smoking rate, 49% reduction in betel quid chewing rate among adult males, doubling of exclusive breastfeeding rate and decline of smoking rate and obesity prevalence among children/adolescents. She received many honorable awards such as the Distinguished Achievement Award for Outstanding Civil Servants (1999) and the Award for Top Ten Outstanding Young Women in Taiwan (2000).